

WEEK 1**TRADITIONAL**MSC Bubble fish,
wedges & vegSpaghetti &
meatballs in
tomato sauce
with vegRoast ham
dinner, mash &
vegChicken tikka
wrap, diced
potato & vegPizza, chips &
peas/beans**VEGETARIAN**

Macaroni Cheese

Spaghetti &
Quorn balls in
tomato sauce
with vegCheese whirls,
mash & vegQuorn hot dog
roll, diced potato
& vegVeg pasta &
garlic bread**ALTERNATIVE**Jacket potato
with beansHam or cheese
sandwichJacket potato
with beans

Tuna sandwich

Jacket potato
with cheese**DESSERT**Daily Dessert,
fruit or yoghurtDaily Dessert,
fruit or yoghurtDaily Dessert,
fruit or yoghurt
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fruit or yoghurtDaily Dessert,
fruit or yoghurtDaily Dessert,
fruit or yoghurt